

2025 KNOWLEDGE-BASED HOME-STUDY CE FOR PHARMACISTS AND PHARMACY TECHNICIANS

Osteoporosis in Older Adults: Key Considerations for Optimal Care

Speaker:

Danielle Fixen, PharmD, BCGP

Associate Professor Department of Clinical Pharmacy Skaggs School of Pharmacy and Pharmaceutical Sciences University of Colorado Anschutz Medical Campus Aurora, CO

Activity Type:

Knowledge

Target Audience(s):

Pharmacists
Pharmacy technicians

Learning Objectives

Upon completion of this CE activity, the participant will be able to do the following:

PHARMACIST & PHARMACY TECHNICIAN LEARNING OBJECTIVES

Learning Objectives for (pharmacists):

- Recognize patient risks for osteoporosis and fractures
- List therapeutic options for osteoporosis
- Outline treatment strategies and monitoring parameters for patients with osteoporosis

Learning Objectives for (pharmacy technicians):

- Recognize patient risks for osteoporosis and fractures
- List 3 different therapeutic options for osteoporosis
- List 3 adverse effects of drugs used for treatment of osteoporosis

Accreditation Information:

ACPE UAN: 0122-0000-25-070-H01-P/T

CPE Credit Hours: 1.0 hour (0.1 CEU) of live CE credit

Release Date: September 22, 2025 Expiration Date: September 22, 2026

Disclosure: Dr. Fixen and the CE activity planners for this activity have no relevant financial relationships with ineligible

companies to disclose.

For any questions, please contact Liya Davydov, Senior Director, Clinical Pharmacy Services at Liya Davydov@premierinc.com



Sponsorship: This program is conducted solely by Premier and has no commercial or non-commercial support or sponsorship.

System Requirements to Access the Webcast: Click here to view CE webcast system requirements for the learner to complete the online activity, including the internet browser(s) supported and minimum versions of each, and the minimum memory, storage, processor, and internet.

To participate and obtain CE credit, participants must complete the following steps: How to obtain CE credit

- 1. Log on to https://ce.continuumofcare.premierinc.com
- 2. Click on the icon that corresponds to this Home-Study CE activity
- 3. Register for that Home-Study CE activity (<u>IMPORTANT</u>: make sure to choose the program that corresponds to your profession, i.e., a pharmacist or a pharmacy technician)
- 4. View and listen to the recorded activity in its entirety
- 5. Complete both the learning assessment questions and the activity evaluation.

<u>Note</u>: A passing grade of **70%** or better is required to receive CE credit. Three opportunities will be provided to successfully complete the post-test.



Premier, Inc. is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This CE activity is provided as a free, value-added service to Premier Continuum of Care pharmacy staff.

Speaker Bio:

Dr. Danielle Fixen is an Associate Professor at the University of Colorado Skaggs School of Pharmacy and Pharmaceutical Sciences. In her clinical role, Dr. Fixen serves as a geriatric clinical pharmacy specialist at the Seniors Clinic within the University of Colorado Health system. This clinic provides primary care services to patients aged 75 and older. Her responsibilities include Transitional Care Management, conducting Annual Wellness Visits, and managing chronic disease states. Her research interests focus on cannabis use in older adults, transitional care management, and medication deprescribing.